

# Signposting

## **Young Person's Advisory Service (YPAS)**

[www.ypas.org.uk](http://www.ypas.org.uk)

0151 707 1025

## **Young Minds**

### **Mental Health support**

<https://www.youngminds.org.uk>

24/7 Text support: SHOUT 85258

## **Liverpool Light**

### **Crisis support for people with mental health needs.**

Out of hours 7days 6pm - 1am

<https://www.liverpool-light.org.uk>

## **LDAS**

### **Domestic Violence & Abuse**

<https://liverpooledomesticabuseservice.org.uk/>

## **GYRO**

**Sexuality, Gender & LGBTQ+**

[www.liverpoolcamhsfyi.com/service/gyro-ypas](http://www.liverpoolcamhsfyi.com/service/gyro-ypas)

0151 707 1025

## **Mermaids**

**Transgender Youth Support**

<https://mermaidsuk.org.uk>

0808 801 0400

## **Anthony Walker Foundation**

**Race & Race related crime**

[www.anthonywalkerfoundation.com/hate-crime](http://www.anthonywalkerfoundation.com/hate-crime)

0151 237 3974