









Director's Note

Over the past year, we have been leading workshops asking, "What's good and what's hard about being young in 2023". High Times and Dirty Monsters is a response to those conversations.

Cost of living, education, housing, and wellbeing were the most pressing issues but there was also an underlying determination to play, stay creative and fight the system.

A HUGE shout out to 20 Stories High Youth Theatre, Graeae Young Company and Deaf Active whose voices were a vital part of making this show, and also a MASSIVE thanks to all the performers and amazing team involved in the process, who also brought their own lived experiences to the creation of the show.

We hope you enjoy it.

Keith Saha
Writer & Director

Content Warning

The show is full of jokes, empowerment and feel-good moments but also explores challenging themes around ableism, homelessness, substance misuse, financial difficulties, and emotional trauma. Contains strong language, gig-level music, flashing lights and haze.

Resources available at 20storieshigh.org.uk

Age Guidance 14+

Cast

Joséphine-Fransilja Brookman Chandu Gopalakrishnan Maisy Gordon Billy Pearson Jayden Reid Grace Savage

Creative & Production Team

Writer/Director Keith Saha

Assistant Director Sonny Nwachukwu

& Assistant Choreographer

ProducerLeanne JonesAssistant ProducerLucy GrahamAssociate ArtistJenny Sealey

Dramaturg Nickie Miles-Wildin

Associate Dramaturg Lin Coghlan

Designer Miriam Nabarro

Costume Supervisor Shellby Hamer & Jacquie Davies

Video DesignerBen GloverLighting DesignerTony GayleSound DesignerRajiv PattaniChoreographerChris FonsecaComposerGrace Savage

BSL Consultant Daryl Jackson **Audio Description Consultant** Mandy Redvers-Rowe **Artist Wellbeing Practitioner** Lou Platt **Artistic Support** Julia Samuels **Company Stage Manager** Gemma Scott Technical Stage Manager Jordan Barnes **Production Manager** Mike Dunn Access Worker Donna Coleman **BSL Interpreters** Jude Mahon Pierce Starre Katie Godfrey **Access Manager** Vicky Berry Artwork Joe Harper **Participation Leads** Lucy Graham, Jodi-Alissa Bickerton, Mette Tofte Philipsen, Roxy Moores **Community Engagement** Helena Ascough, Sarah Hailstones, Jimmy Justice, Joe **Associates** Taylor, Bradley Thompson, Abby Melia, Leonisha Barley For 20 Stories High Alina Burwitz, Natasha Patel, Amy Thompson, Ameera Conrad, Leonisha Barley, Laura Hall, Roxanne Daykin-Moores, Nathan Graeae Powell. Liverpool Everyman & Kevin Walsh, Charlotte McCabe, **Playhouse** Lizzy Luxford, Hetty Hodgson Mark Da Vanzo, Michelle Cailleux, Ashlie Nelson, Sarah Ogle, Gemma Murrell, Hayley Lindley-Thornhill, Brendan Douglas, Olivia Carroll, Chun-Mei Wang, Moira **LEEDS 2023** Callaghan, Helen Webster, Kieran Sing, Helen Griffiths Kully Thurai, Tom Curteis, Chris Ansell

Thank you

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You can make more work like this possible!

There are two ways which you can support work like this to continue: Help us to build a picture of who our audience is...



Or Visit: bit.ly/3F2r0sK (case sensitive)

We've joined forces to create a new type of theatre that changes lives and society by giving voice to disabled young people. You can join us too. Donate today from the comfort of your theatre seat and help us create more projects like this in the future. Thank you.

Or Visit: <u>bit.ly/3pHfEGp</u> (case sensitive)

Please stay in touch....

We are keen to connect digitally with our audiences, partners and participants. There are a whole host of ways venues and individual audience members can connect with us artistically and also engage in conversations about the show.

Our social media handles...

@20storieshigh @graeaetheatrecompany @liveveryplay @LEEDS2023







#HighTimesAndDirtyMonsters

20 Stories High

Email: info@20storieshigh.org.uk Phone: 0151 708 9728 | 9am - 5pm

Graeae Theatre Company

Email: info@graeae.org

Phone: 020 7613 6900 | 10am - 6pm

Liverpool Everyman & **Playhouse**

Email: info@everymanplayhouse.com Phone: 0151 709 4776 | 10am - 5pm

LEEDS 2023

Email: info@leeds2023.co.uk

Phone: 0113 511 2023 | 9am - 5pm











Signposting

Helplines and Support.

We have provided a list of helplines and signposted organisations below.

Guide Dogs UK

www.guidedogs.org.uk

0800 781 144

Royal National Institute for Deaf people (RNID)

www.rnid.org.uk

VICTA

www.victa.org.uk

01908 240 831

Scope

www.scope.org.uk

0808 800 3333

ADHD Babes

www.adhdbabes.com

ADHD UK

www.adhduk.co.uk

Borderline Support UK

www.borderlinesupport.org.uk

Mind - Mental Health support

www.mind.org.uk

(visit information and support, types of mental health

problems)

0300 123 3393

Resources (Including accessible versions)

bit.ly/HTDM-Resources

Citizens Advice

Food Bank support

www.citizensadvice.org.uk

0800 144 8848

Shelter

www.shelter.org.uk

0808 800 4444

(emergency helpline)

Samaritans

www.samaritans.org

116 123

The Mix

www.themix.org.uk

0808 808 4994