



“I told my Mum I was going on an R.E. trip...”

Signposting

Brook

Confidential young people’s sexual health clinics providing pregnancy decision making support and referral for ante-natal and abortion services.
www.brook.org.uk

Family Planning Association

Support and information on local family-planning clinics including for young people only.
www.fpa.org.uk

National Unplanned Pregnancy Advisory Service (NUPAS)

Support for those with unwanted pregnancies
www.nupas.co.uk / 0333 004 6666

Young Minds

Emotional wellbeing and mental health children and young people.
www.youngminds.org.uk / 0808 802 5544 (parent helpline)

Abortion Support Network

Financial assistance and information on abortions for women in Ireland, Northern Ireland, and other countries
www.asn.org.uk (visit the website for phone numbers for your country)

BPAS (British Pregnancy Advisory Service) Action Line

Confidential information and advice on pregnancy and abortion and appointments.
www.bpas.org / 03457 30 40 30

Abortions in Northern Ireland

Abortions have only recently been legalised in Northern Ireland (2019). For information on how to access abortions for people living in Northern Ireland, visit: www.bpas.org/abortion-care/considering-abortion/northern-ireland-funded-abortion-treatment/

Marie Stopes International Information Line

Confidential information on NHS and private abortions and appointments.
www.mariestopes.org.uk / 0345 300 8090

Samaritans

If you need to speak to someone in a confidential space about what you're going through
116 123

NHS Direct

For help and advice on any medical issue
111

Childline

Free helpline for children and young people
0800 1111

Signposting for more information on views of different religions on abortion:

BBC: Religion and Abortion:

<http://www.bbc.co.uk/ethics/abortion/religion/religion.shtml>

For more in-depth discussion in a broader sexual health and teenage pregnancy context: <http://www.efc.org.uk/>