

Northern Ireland - Signposting List 2015/16

Calls to 0330 and 0345 numbers cost the same to call as normal local or national numbers from a UK landline and are included within 'free' minutes allowance on mobile phones. Calls to 0800 numbers are free from both landlines and mobiles.

Sexuality and Gender (LGBT)

The Rainbow Project

www.rainbow-project.org

Belfast: (028) 9031 9030

L'derry: (028) 7128 3030

Bereavement

Cruse Bereavement Care

www.cruse.org.uk

0844 477 9400

Race and Race Related Hate Crime

The Northern Ireland Council for Ethnic Minorities

www.nicem.org.uk

028 9023 8645

Hate Crime

Stop Hate UK (for reporting Hate Crime in confidence)

www.stophate.org

Call: 0800 138 1625

Text: 07717 989 025

Victim Support Northern Ireland

www.victimsupportni.co.uk

(028) 9024 3133

Homelessness and Sheltered Housing

Homeless Northern Ireland

www.homelessni.org

Sexual Health and Family Planning

Brook

www.brook.org.uk

(028) 9032 8866

Abortion and Pregnancy Advice

Marie Stopes Northern Ireland

www.mariestopes.org.uk

0345 300 8090

HIV Support

Positive Life

www.positivelifeni.com

0800 137 437

Bullying and Abuse

Childline

www.childline.org.uk

0800 1111

Rape and Sexual Assault

Nexus Northern Ireland

www.nexusni.org

Belfast: (028) 9032 6803

L'derry: (028) 7126 0566

Enniskillen: (028) 6632 0046

Mental health

Child and Adolescent Health Services

www.younghealthyminds.co.uk

Drug and Alcohol Addiction

Daisy

www.daisy.uk.net

Belfast and South East: (028) 9043 5815

West: (028) 7137 1162

Youth Unemployment

Prince's Trust

www.princes-trust.org.uk

0800 842 842

Or text 'Call Me' to 07983 385 418